

Base Menu Spreadsheet

Portion Values

Aug 27, 2019 thru Aug 30, 2019

Menu Name: ELEMENTARY LUNCH

Include Cost: No

Site:

Report Style: Detailed

Tuesday - 08/27/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
001131 BOSCO CHEESE BREADSTICK ELE	2 STICKS	1	300	32.00
990040 HEALTHY CHOICE PASTA SAUCE *RESIZED*	2 OZ	1	27	5.40
001053 CARROTS BABY & DIP	3/4 CUP	1	108	7.59
001169 FRUIT SALAD FRESH	1/2 cup	1	83	20.49
000390 PEARS	1/2 CUP	1	58	15.10
001170 GARDEN BAR	1/2 CUP	1	15	3.28
000629 TURKEY & CHEESE SANDWICH	SANDWICH	1	295	27.15
000405 HAM & CHEESE SANDWICH	SANDWICH	1	283	32.00
001136 CHEF SALAD	SALAD	1	172	8.60
Weighted Daily Average			1339	151.62
% of Calories				45.3%
Weekly Nutrient Guideline			550 - 650	

Wednesday - 08/28/2019

Reimbursable Meal Total 1

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000910 CHICKEN SANDWICH ELE	SANDWICH	1	317	35.00
000586 POTATO WEDGES	1/2 CUP	1	94	19.37
000307 BROCCOLI STEAMED W/CHEESE	1/2 CUP	1	61	6.22
000346 WATERMELON	1/2 CUP	1	23	5.74
000489 MILK VARIETY	CARTON	1	102	16.00
Weighted Daily Average			598	82.33
% of Calories				55.1%
Weekly Nutrient Guideline			550 - 650	

Thursday - 08/29/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
001033 TACO w/SOFT & CRUNCHY SHELLS	1/2 CUP	1	319	17.36
000416 SHREDDED LETTUCE & CHEESE	SERVING	1	95	1.85
000064 APPLE	APPLE	1	72	19.06
000489 MILK VARIETY	CARTON	1	102	16.00
Weighted Daily Average			588	54.27
% of Calories				36.9%
Weekly Nutrient Guideline			550 - 650	

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Aug 27, 2019 thru Aug 30, 2019

Friday - 08/30/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000858 PIZZA BIG DADDY BOLD	SLICE	1	400	43.00
000635 PIZZA BIG DADDY W/ PEPPERONI	SLICE	1	466	43.00
000637 PIZZA BIG DADDY W/SAUSAGE CRUM	SLICE	1	456	43.00
000724 SALAD ROMAINE LETTUCE SIDE	SALAD	1	21	4.39
000155 ORANGE	ORANGE	1	62	15.39
000489 MILK VARIETY	CARTON	1	102	16.00
Weighted Daily Average			1507	164.78
% of Calories				43.7%
Weekly Nutrient Guideline			550 - 650	

	Cals ¹ (kcal)	Carb (g)
Weighted Averages	1008	113.25
% of Calories		44.9%

Nutrient	Menu Average	% of Cals	Weekly Target	% of Target	Shortfall	Overage	Missing Data	Error Messages (if any)
Calories	1008		550-650	155%		358.00		Correction Required - Calories too High
Carbohydrate	113.25 g	44.9%						

Base Menu Spreadsheet

Jefferson City School District

Portion Values

Aug 27, 2019 thru Aug 30, 2019

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: *The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.*